

Ian Day

Executive Coach
 Human Resources and Leadership
 Development Consultant
 MBTI practitioner



Profile

Ian is a qualified executive coach and leadership development consultant. After gaining significant experience of leadership development and as head of talent management within an international FTSE 100 business, Ian is now an HR consultant specialising in leadership development and executive coaching.

Ian's style is to listen actively, and to generate creative options. He is practical and pragmatic, upbeat, and offers great insight into and illumination of issues in hand. Ian is decisive, precise and highly professional, with a high attention to detail and is firmly results orientated. His clients include Allen and Overy, Bosch, The Environment Agency, E.ON, Herefordshire Council, Jones Lang LeSalle, Unilever, and West Midlands Local Government Association.

Ian is a chartered member of the Institute of Personnel and Development and member of the Association for Coaching, with 20 years experience in senior operational and strategic HRM and HRD roles in the leisure industry, the health service and a leading FTSE 100 company.

Estimate of Total Number of Individuals Coached	>100
Years of Experience as Coach	8 years post qualification,
Relevant Experience	<p>Before becoming a consultant, Ian worked for an international FTSE 100 group, responsible for group-wide talent management, leadership development, executive coaching and performance management.</p> <p>He has designed, delivered and project managed leadership development programmes including one to three day workshop facilitation as well as long term development programmes.</p> <p>Ian has a unique perspective on coaching, as he was experienced the benefits when he was coached, is a qualified and experienced coach, and has purchased coaching services when in a corporate human resources role.</p>
Coaching Qualifications	<p>Degree in psychology</p> <p>An advanced diploma in coaching and mentoring</p> <p>A certificate in counselling</p> <p>Accredited in psychometric testing and personality profiling such as 16PF and Myers Briggs Type Indicator step 1 and 2</p>